## **Parenting Classes**

Classes focus on the safety and care of a child. Classes are provided once per week in small group settings, where parents participate in an experiential learning environment.

# Specialized Parenting Classes include:

Attachment and Bonding
Choosing a Childcare Provider
Age Appropriate Discipline
Safety Concerns
Support for the Adult
Nutrition
Healthy Sexuality and Relationships
Healthy Hygiene of Self and Child
Shared Parenting
School Improvement
What to do When a Child is III
and many more topics

#### **Professional Development**

Seminars and Workshops for Professionals with CEU's available Professional Case Consultations



Denice Mock, a Licensed Clinical Social Worker, received her Bachelor's degree in Family Consumer Nutrition Science, with emphasis in Social Services through Northern Illinois University in DeKalb in 2001. In 2006 she

received her Master's Degree in Social Work from Aurora University. She is currently a doctoral candidate at Aurora University's. George Williams College in Wisconsin. Denice has over 16 years of experience in Child Welfare and hasworked with the State of Illinois Department Of Children and Family Service in a number of capacities. As a trauma therapist for families of Child Abuse/Neglect, her work has taken her through a plethora of experiences, including counseling for individuals, parents, families, children and those with special needs; conducting seminars, presenting at the International TASP Conference, and providing continuing education opportunities for caseworkers and foster parents. Denice also conducts Parent Capacity Assessments for the Department of Children and Family Services.

ParentsWithPromise

810 South 4th St. DeKalb, IL 60115 Phone 815.758.1358 Fax 815.758.1580 www.parentswithpromise.com





ParentsWithPromise is a specialty practice developed in direct response to the growing need for support services for parents who also have an intellectual disability or adaptive functioning concerns. Parents with intellectual disabilities love their children and desire an ongoing positive family relationship. However, providing for the care and safety of their children are often concerns on the minds of family and friends. In the social service field it has long been recognized that this specialty group has little support in terms of specific parenting services that meet the direct needs of children and families. So many times limited knowledge. misunderstanding, skill, financial crisis, and/or stress can lead to the neglectful care of a child. Parenting classes available to the general population overlook the specific specialty needs of these families and do not provide necessary support.

"Where All Parents have the Opportunity to Develop Their Potential into Promise."

ParentsWithPromise specializes in the needs of parents and individuals with intellectual disabilities and adaptive functioning concerns focusing on the needs of family members and the development of healthy relationships and parenting skills.

ParentsWithPromise provides comprehensive, integrative services for parents with intellectual disabilities or adaptive functioning concerns and their children, ages 0-12, for up to 12 months.

The following targeted services are provided:

- Individual/Family Counseling
- Individually assigned Parenting Coach
- Specialized Parenting Classes



## Individual Counseling

ParentsWithPromise provides individual and family counseling from a strengths based perspective that assumes all individual family members have purpose and strengths they bring to the family unit. To identify the strengths and individualized needs of families and their members, we conduct various parenting inventories, Parent Capacity Assessments and Protective Parenting Assessments. Outcomes and recommendations from these inventories and assessments are then incorporated into Individual and Family Treatment Planning developed in conjunction with family members and their therapist.

## **Parent Coaching**

ParentsWithPromise Individually assigns a Parenting Coach for parents to meet with once per week. Our state of the art media facility and therapeutic playroom are designed specifically to provide parents positive direction and feedback during and following interactions with children. The two way mirror, headsets, and videotaping capability allow parents the intensity of feedback they desire or require during and following visits.

Made for the sole purpose of identifying strengths and needs in parenting skills, video recordings are only viewed for the purpose of providing concrete feedback to parents.